



Opening Doors to a Brighter Future



Resiliency Through Art workshops let residents get to know and support one another, increasing their sense of community. The hands-on creation of art has been shown to reduce stress, increase self-reflection and self-awareness, and have positive physical effects.



PARTNER SPOTLIGHT

Capital One

Capital One gifts helped resident services, including intensive case management (ICMS), get up and running at our newest mixed-use property, Fairview Heights in Inglewood. Having case managers and a resident services coordinator onsite to assist with move-ins had an incredibly positive effect on the community.

Through individual care with our case managers and the start up of onsite enrichment programs, Linc staff have helped residents settle into their new homes as many transition from homelessness. Staff daily witness the impact safe, permanent housing has on the lives of our residents.

Case Manager Juliet reported that "In my first three weeks, I saw many of our clients' health dramatically improve once they had their basic human needs addressed. You can really see the change in their mental, emotional, physical, and spiritual health."

Morning coffee socials, monthly Bingo nights, and Resiliency Through Art workshops are also taking place, with a financial empowerment program coming soon. Thank you, Capital One!

LIFE-ENHANCING SERVICES

Fresh Starts

Every Tuesday morning, Springhaven residents in Willowbrook have the opportunity to work with USC Occupational Therapy interns to prepare their own fresh juices and participate in a group discussion about how diet can have positive impact on their overall health.



VOLUNTEER SPOTLIGHT

Volunteers of the Year

Alvaro Uribe and Chelsea Barcenas at Seasons at La Palma were chosen as Linc Housing's 2022 Volunteers of the Year!

Chelsea (shown to the right in red) has been assisting with the food bank program and community events since October 2020. She enjoys helping residents one-on-one, such as teaching one resident how to use her smartphone.

Alvaro began volunteering almost four years ago. As a busy high school student, he still found time to help. Alvaro even organized his Associated Student Body group to host a Valentine's Day event at Seasons at La Palma. We are proud that he was admitted to Brown University in Rhode Island and wish him the best of luck as he starts his college journey this fall.



STAFF SPOTLIGHT

Meet Dolores

After working with residents at Mosaic Gardens at Willowbrook for the last year, Resident Services Coordinator Dolores Beltran recently began working at Linc's newest housing community – Cadence in nearby Watts. She is a trusted staff member among residents and finds purpose in connecting people with opportunities and resources that make their lives easier. As residents began moving into Cadence, Dolores was grateful for the chance to see their reactions: "Hearing them express their gratitude for having a space that beautiful, all for themselves...it just brings me the biggest feeling of overwhelming joy." When she is not getting to know residents or helping with move-ins, Dolores enjoys spending time with her nephew, trying new ramen restaurants with her partner, and playing with her dog, Sargento. Thanks for all you do!



PROGRAM SPOTLIGHT

Youth Entrepreneurial Program a.k.a MAKER CLUB



Our resident services team is rolling out a new program to encourage youth entrepreneurial skills called Maker Club. The curriculum is designed to take our young residents through the process of creating their own micro-business. In Maker Club, participants discover new interests, personal strengths, and areas where they may need support. Along the way, they also learn social-emotional and financial literacy skills to bridge the achievement gap known to limit future economic mobility.

The first group of young makers at City Gardens in Santa Ana started by learning about entrepreneurs like Walt Disney, Steve Jobs, Oprah Winfrey, Kylie Jenner, and J.K Rowling. Then they researched the difference between providing a product and a service and learned how to identify their target market.

The next step was to create the businesses they wanted to work on for a period of ten weeks. First, these entrepreneurs had to decide what product they would make. This was followed by brainstorming their business names and designing their logos. The four startups were AquaValley, led by David; LoveArt, led by Laylani and Anahlei; Pixie Box, led by Valerie and Gabby; and Material Girl, led by Alondra and Kim.

The following week, the group had a field trip to the nearby Dollar Tree so each business could purchase resources using their \$30 startup budget. The teams are now hard at work producing the products that they will be selling at an upcoming community craft fair.



Resident Support Virtual Hub

Linc is excited to be piloting a virtual program offering free tele-support and enrichment services to residents of all ages! This Resident Support Hub connects residents with Linc staff for assistance accessing food resources, healthcare, technology, and mental health services. In addition, youth get to enjoy virtual programs such as art classes.

The Hub is adding new modules each month on topics including cognitive health activities, community building, and educational subjects. This helps Linc's resident services team ensure access to resources by combining the best aspects of virtual programming while also increasing in-person activities.



RESIDENT SPOTLIGHT

Blossoming Community

Each month, Monique (shown below wearing tie dye mask) brings her skills as a certified life coach to Springhaven in Willowbrook, where she leads a guided meditation session for her fellow residents. Ms. Monique, as she is known by the community, became more involved in the monthly programs this January after some encouragement from Linc Resident Services Coordinator Titania Davis. During a recent session, Ms. Monique gave each attendee a single rose petal and asked them to share one word that the object inspired. Soon, a conversation about grief emerged as residents expressed their feelings about missing loved ones and coping with loss.

Ms. Monique is no stranger to the healing effects of mindfulness and guided meditation. As someone who has been managing her own chronic health issues for some time, she expressed that meditation is an effective way to get in tune with your body, encourage relaxation, and mitigate stress. Programs like Ms. Monique's guided meditation not only provide residents with a beautiful opportunity for connection but also allow individuals to share their unique skills and interests with the community in a meaningful way. We are so grateful for the hard work and endless talents of residents like Ms. Monique!



"Meditation is a nice way of getting in tune with your body and helping relax when feeling stress."

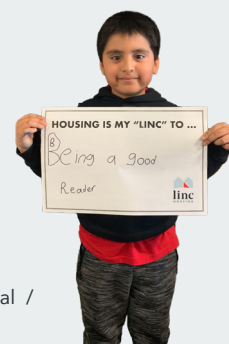
**MONIQUE,
RESIDENT,
SPRINGHAVEN**



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COMMUNITY

**Resiliency
Through Art**

PROGRAMS

**Maker Club
Hits the Mark**

RESIDENTS

**Meditation
Mentorship**