

# LINC CARES

“Opening Doors to a Brighter Future”

LINC Cares Newsletter- Summer 2016

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## Job Readiness Career Panel

LINC Cares was excited to host our first Job Readiness Career Panel at Lorena Heights Apartments, aimed at providing exposure to different career paths. Residents in attendance included several in their late teens who were interested in learning how to apply to entry level positions, what to write on their résumés, and how to practice interviewing.

Luis graduated from high school last year and is currently applying to a junior college with a desire to study engineering. He came to the career panel because he is a very shy person but wanted to learn more about how to get his first job in his field of interest. Young residents attending their last weeks of high school had the opportunity to absorb both practical information about applying to entry level positions as well as different ways to approach employment and education.

Another panel attendee, Irma, attended to get information for both herself and her three teenage daughters, as she is interested in obtaining another part-time job. LINC Cares staff helped Irma apply for a crossing guard position, and gave her information on local parks and recreation centers she could apply to that would be a good fit.

LINC Cares partnered with employee volunteers from **Molina Healthcare**, **Opus Bank**, and Long Beach nonprofit **CityHeART** who served as our panelists – thank you! It was a motivational time for everyone, including the residents who received great advice on career development as well as interviewing and résumés! 📄



## A Community Garden Comes to SEASONS at Compton

SEASONS at Compton just became a little greener. LINC and **U.S. Bank** teamed up with residents and employee volunteers to build a community garden for the property. U.S. Bank vice presidents and Southern California regional, district, and community development managers helped to build the garden. U.S. Bank also funded the garden, including the installation and additional supplies needed.

Volunteers then sectioned off 1'x1' plots in the raised beds with rope and nails, making sure everything was just right. They helped place the newly built plant beds along a designed path and planted an orange tree to mark the ground breaking of the garden construction. Residents and volunteers also took part in an arts and craft project. They decorated pots to plant succulents. Residents and volunteers shared smiles and laughs as the community garden came to life in what is only the beginning of another promising chapter at SEASONS at Compton — thanks U.S. Bank! 📄





## 2016 LINC Cares Resident Satisfaction Survey

LINC Cares surveyed 580 residents in 22 communities to help capture our impact:

- 90% said they were satisfied with the facilities available in their community.
- 94% said they were satisfied with the apartment they live in.
- 66% feel connected to their neighbors and their community.
- 93% would recommend their community to someone like themselves as a good place to live.
- 60% said their life has improved since they first moved in to their LINC community.

We look forward to continuing to provide supportive communities for LINC residents!

## LINC Cares Volunteer: Amanda Alten

Amanda is our arts and crafts volunteer at LINC’s SEASONS at Ontario. Amanda sought out volunteer opportunities at a senior community because she wanted to interact with the seniors who may not have family or friends who spend time with them frequently. The residents at the property love Amanda and look forward to her classes.

When Amanda found out that there are some budding artists in the after-school program at Pepperwood Apartments in Rancho Cucamonga who could not afford to take art classes, she volunteered to come in and give a few of the kids one-on-one art lessons. Amanda has a huge heart! The kids love having her as a mentor and the seniors enjoy having her come to create with them. Thanks for all your amazing work Amanda!



**ALL LINC VOLUNTEER HOURS SERVED**



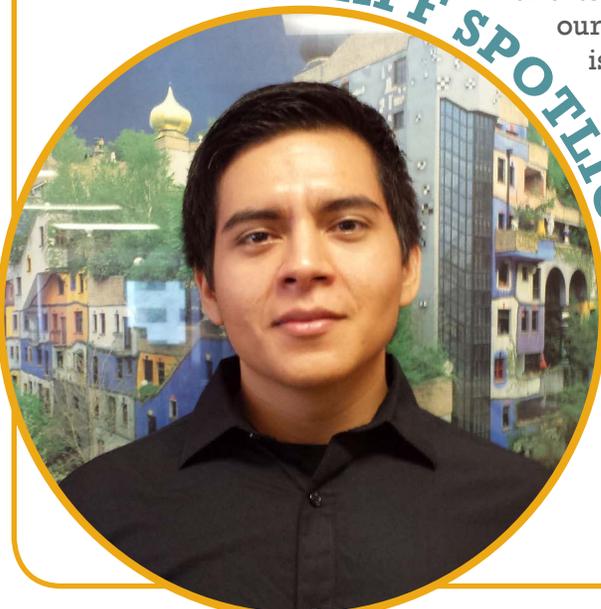
**VOLUNTEER SPOTLIGHT**

## Luis Martinez

As Data Coordinator for LINC Cares, Luis assesses resident programs for effectiveness. Luis guides the work of onsite Resident Services Coordinators, interns, and volunteers in the implementation of evaluation strategies.

Luis holds a bachelor’s degree in psychology from the University of California, Los Angeles. At UCLA, he was involved in adolescent development research, studying the biological relationship between parents and teens. Luis was drawn to LINC because of our mission to build affordable housing. He is proud of the impact LINC Cares makes through programs like the summer literacy program preventing learning loss. He would also like to recognize the Resident Services Coordinators whose work contributes to the resident satisfaction levels reported in the article above.

Luis’ work helps LINC share our impact and do more of what works. “I have a dream that one day the last homeless person in California will be given a home,” says Luis. “I would love to see that dream realized in my lifetime.”



**STAFF SPOTLIGHT**

**Is your company, church, or student group looking to serve the community together? Contact Katie Armendariz, Community Involvement Coordinator at [karmendariz@linchousing.org](mailto:karmendariz@linchousing.org) to explore group volunteer opportunities!**

Donate to LINC Cares at [www.linchousing.org/linccares](http://www.linchousing.org/linccares) You can also help out by visiting our LINC Cares on-line store. [www.cafepress.com/linccares](http://www.cafepress.com/linccares)

## Meet Esther: Facing Challenges Together

Esther is a senior resident at SEASONS at The Hoover in Whittier who came to the U.S. from Kenya. She has called this community home for more than six years, bringing life and joy to her neighbors.

As is true for many seniors, necessities like transportation, accessing health care, affording healthy food, and keeping up the home despite physical limitations were challenging for Esther. With few family members close by to help, completing applications and maintaining services were also difficult. These demands have been overwhelming at times and Esther found herself at risk of losing some of the assistance she receives.

OUR FAMILY ALBUM



The LINC Cares team, including Resident Services Coordinator Kellie Phillips at SEASONS at The Hoover, is there to help seniors meet

these critical needs as they age. Through

LINC Cares Supportive Services, Kellie helped Esther obtain and maintain benefits from Title VI, Access LA, and Social Security - so she could keep her job, access transportation, and maintain a steady income. One example of Esther's success in overcoming challenges was being connected with In Home Supportive Services (IHSS). Esther was struggling to take care of her home due to her health. After getting connected with IHSS with help from LINC Cares, she hired her first caregiver. Kellie also assists in communications with Esther's caregiver to help her maintain this important relationship. Esther now has weekly visits from her caregiver and can age in place in her comfortable and healthy home. She also participates in exercise and nutrition classes, community socials, and our monthly food bank at SEASONS at The Hoover. Most importantly, Esther knows LINC Cares is there to support her when new challenges arise. 🏠

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to  
LINC Cares

Your one-time donation or recurring gift will allow LINC Cares to continue life-changing programs. Visit : [www.linchousing.org/donate](http://www.linchousing.org/donate)

## FRIENDS OF LINC CARES

- AmeriCorps VISTA - Corporate Social Responsibility and Job Readiness Programs
- Apple Care Medical Group - Community Engagement Activities & Health and Wellbeing
- Arthritis Foundation - Training and Curriculum Support
- California State University Long Beach - Social Work Interns/Staff Support
- Camp Fire USA - Nutritious Snacks for Pepperwood After-School Program
- Copper Ridge - Senior Activities in Redding
- Cox Communications - Computer Programs for Seniors at SEASONS at San Juan Capistrano
- CVS - Flu Shots for Senior Residents



SPECIAL THANKS

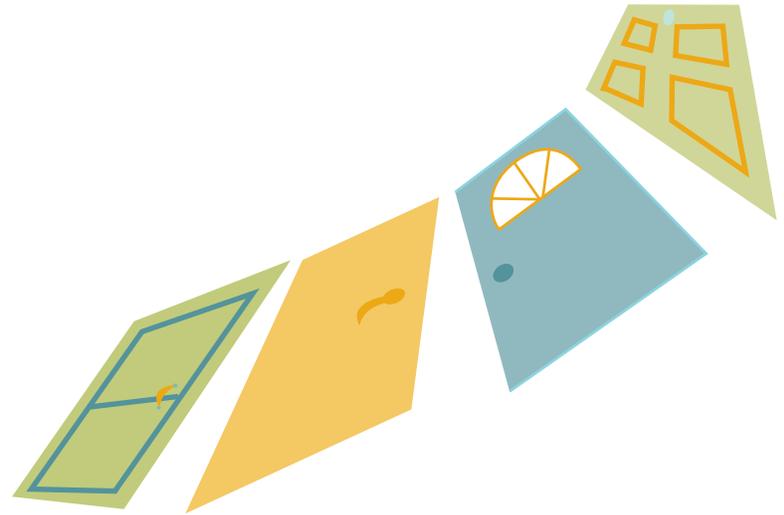


- John Given and Daphne Dennis - LINC Cares General Operating Support
- Terry and Kathy Dooley - LINC Cares General Operating Support
- Samara B. Larson - LINC Cares General Operating Support
- Lin Lines - Transportation Support for Senior Activities
- Mark and Jennifer Montoya - LINC Cares General Operating Support
- Opus Community Foundation - Arbor Village After-School Program
- Panera Bread- Baked Goods for Seniors at SEASONS at Redondo Beach
- Provident Savings Bank Charitable Foundation - LINC Cares in Riverside County
- Theatre Of Hearts - Photography Class at SEASONS at Compton



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LINC Cares is the  
Resident Services program of  
LINC Housing Corporation



Support LINC Cares

# Night on Pine

SIMPLY  
MAGICAL

**SEPTEMBER 22, 2016**

More info at [www.linchoosing.org/nightonpine](http://www.linchoosing.org/nightonpine)

LINC Cares provides dynamic services to enhance the lives of the families and seniors who live in our communities.

Our programs are offered at no cost, right where residents live, which uniquely positions LINC Cares to create positive outcomes and opportunity among the households we serve.

The LINC Cares Newsletter is printed on Acid Free paper that is made with Green-e certified renewable wind energy and fifty-percent post-consumer waste.